

MONTEREY CONDORS CLUB - COVID-19 ACTION PLAN

The following documents the Monterey Condors Club ("MCC") protocols/guidelines, which have been implemented and enforced, to ensure the safety of our players and coaches.

PRIOR TO, DURING AND AFTER TRAINING:

- Each player and coach should have NO signs or symptoms of COVID-19 in the past 14 days and have no known exposure to someone that has been ill in 14 days. In the event a player and/or coach has symptoms or has been exposed, they are prohibited from participating in training and should contact his/her healthcare provider and/or follow the CDC guidelines (refer to CDC's website for further details).
- Players should have their temperatures checked at home prior to attending training and should not have a reading above 100.4F; MCC Staff will not be conducting temperature checks.
- If the player has any signs or symptoms of COVID-19 including, but not limited to, cough, shortness of breath, fever, chills, sore throat, new loss of taste or smell, nausea or vomiting, he/she will be sent home immediately.
- Players should use their own water bottle, towel, and any other personal hygiene products. Players should properly sanitize their equipment after every training session.
- Players' personal equipment should be placed in their designated location. Please do not commingle player equipment.
- Coaches will establish a cleaning schedule/protocol for equipment with the proper use of disinfectant before, during (if required), and after training.
- Players and coaches are required to wear a face mask prior to, during (where practical) and after each training session.
- Players and coaches are required to maintain physical distancing.
- Attendance at training **MUST BE TAKEN** to have a record for contact tracing.
- Parents or chaperones **MUST** adhere to social distancing guidelines.
- Players should avoid all physical contact with each other, including celebrations, handshakes, high 5's, etc.

COVID-19 POSITIVE TEST ACTION PLAN

- Director of Coaching ("DOC") will be the point of contact for all communications in the event of player and coach exposure.
- If a player, family member of a player, coach or any staff member has a positive test they must notify the DOC immediately via phone call, text, or email.
- The DOC will notify the remaining members of the board immediately.

- The Chairman of the Board of Directors will designate board members to assist the DOC with phone calls to all members of that training group.
- The Chairman will also email all members of that training group to notify there was a positive test.
- Any player or coach that has tested positive, may not return to training for at least 14 days and must provide documentation from a health official that they are cleared to play.
- The players from the training group will not be allowed to return to training for 14 days and must not display any symptoms when they return.
- The player or coach with a family member who has a positive test may not return to training for at least 14 days AFTER the family member has received a NEGATIVE test and they do not have any symptoms.

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